



Contact us

Luma Women's Imaging Centre/ Medical Centre

Royal Square Medical Centre

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Getting here

By taxi

Drop at Royal Square at Novena building. If your driver can't find it, alight at Novena Square 2 and connect through into the Royal Square Medical Centre lift lobby. Head up to level 12 and turn left to reach Luma.

By MRT

Alight at Novena MRT, take 'Exit B' and proceed up the escalator into Velocity mall. Connect through into the Royal Square Medical Centre lift lobby. Head up to level 12 and turn left to reach Luma.

By walking

From outside Mount Elizabeth Novena Hospital, facing Irrawaddy Road, look across to the right. Royal Square Medical Centre is the blue and orange building along Irrawaddy Road towards Thomson Road. Head up to level 12 and turn left to reach Luma.



Scan for directions
on Google Maps

www.luma.sg



Ultrasound

Everything you
need to know about
your ultrasound
screening



www.luma.sg

Ultrasound

An ultrasound gives us a detailed look of your breast tissues.

Ultrasound gives us a detailed look of the breast tissues and helps our doctors determine the nature of breast lumps.

It uses sound waves to produce a picture of the breast tissues, and can determine if the lump is solid (made of cells) or if it is a cyst (made of liquid).

Ultrasound can usually help determine if the lump is benign or malignant, based on its shape, location and other characteristics.

If the ultrasound scan is inconclusive, our doctors may recommend you to do a follow-up or a biopsy.

Benefits of ultrasound



Non-invasive and painless

Fast and painless, high-resolution sound waves are used to scan your breasts to produce a picture of the breast tissues.



Safe for pregnant women

As ultrasound does not use ionising radiation, it can be safely used for pregnant women.

How to prepare for your ultrasound?



Wear a 2-piece outfit

Wear a comfortable 2-piece outfit with a top that can be easily removed. This is because you need to undress from waist up. Fret not, everything will be taken care by our all-female team of radiographers.



Avoid wearing jewellery, perfume and deodorant

For best results, do not wear any jewellery on the day of your mammogram. Also, avoid applying anything (perfume, deodorant, etc) on your underarms or breasts.



No fasting required

You do not need to fast before your ultrasound screening.



We are always here for you

Feel free to talk to one of our team if you have any concerns, questions or if you want to understand more about your ultrasound screening.

What happens during your ultrasound?

1

You will need to undress from waist up and lie down with your arms raised above your head.

The ultrasound scan will take between 30 minutes to an hour.

2

Water-based warm gel will be applied on your body during examination. This is used to eliminate any air between the probe and your body.

The water-based gel contains no medication, so there is no risk of having an adverse reaction.

3

Our female sonographer, who is a specially-trained technologist, will carry out your breast ultrasound.

A transducer is used to produce and collect sound waves which produces images of your breast tissues.

4

After which, interpretation of the images will be conducted by our specially-trained doctors.

Rest assured, the entire ultrasound procedure is painless.